



## Savings Program for eligible commercially insured patients

### Pay \$10 per treatment for SPRAVATO® medication costs

Maximum program benefits per calendar year and program limits shall apply. *Treatment* may include up to three devices administered on the same day. There is a program benefit limit of list price of the medication and a quantity limit of three devices per day or 23 devices in a 24-day period. There is a quantity limit of 24 devices in a 24-day period for one use per lifetime. Terms expire at the end of each calendar year. Offer subject to change or end without notice. Restrictions, including monthly maximums, may apply. Participate without sharing your income information. See program requirements on pages 3 and 4.

### You must be enrolled in the Savings Program before receiving your SPRAVATO® medication in order to qualify for out-of-pocket cost savings.

Once enrolled, you can share your Savings Program card with your doctor or pharmacist to receive savings on your SPRAVATO® medication costs.

The support and resources provided by SPRAVATO withMe are not intended to provide medical advice, replace a treatment plan you receive from your doctor or nurse, or serve as a reason for you to start or stay on treatment.

### What is SPRAVATO® (esketamine) CIII nasal spray?

SPRAVATO® is a prescription medicine used:

- with or without an antidepressant taken by mouth, to treat adults with treatment-resistant depression (TRD)
- with an antidepressant taken by mouth, to treat depressive symptoms in adults with major depressive disorder (MDD) with suicidal thoughts or actions

SPRAVATO® is not for use as a medicine to prevent or relieve pain (anesthetic). It is not known if SPRAVATO® is safe or effective as an anesthetic medicine.

It is not known if SPRAVATO® is safe and effective for use in preventing suicide or in reducing suicidal thoughts or actions. SPRAVATO® is not for use in place of hospitalization if your healthcare provider determines that hospitalization is needed, even if improvement is experienced after the first dose of SPRAVATO®.

It is not known if SPRAVATO® is safe and effective in children.

### IMPORTANT SAFETY INFORMATION

#### What is the most important information I should know about SPRAVATO®?

##### SPRAVATO® can cause serious side effects, including:

- **Sedation, dissociation, and respiratory depression.** SPRAVATO® may cause sleepiness (sedation), fainting, dizziness, spinning sensation, anxiety, or feeling disconnected from yourself, your thoughts, feelings, space and time (dissociation), breathing problems (respiratory depression and respiratory arrest)
  - Tell your healthcare provider right away if you feel like you cannot stay awake or if you feel like you are going to pass out.
  - Your healthcare provider must monitor you for serious side effects for at least 2 hours after taking SPRAVATO®. Your healthcare provider will decide when you are ready to leave the healthcare setting.
- **Abuse and misuse.** There is a risk for abuse and misuse with SPRAVATO®, which may lead to physical and psychological dependence. Your healthcare provider should check you for signs of abuse, misuse, and dependence before and during treatment.
  - Tell your healthcare provider if you have ever abused or been dependent on alcohol, prescription medicines, or street drugs.
  - Your healthcare provider can tell you more about the differences between physical and psychological dependence in drug addiction.

(continued page 5)



**Get savings on your out-of-pocket medication costs for SPRAVATO®. Depending on your health insurance plan, savings may apply toward co-pay, co-insurance, or deductible. Program does not cover the cost of treatment observation.**

Please see additional Important Safety Information on pages 5 and 6 and full **Prescribing Information**, including **Boxed WARNINGS**, and **Medication Guide** for SPRAVATO® and discuss any questions you may have with your healthcare provider.

## 1 Enroll in the Savings Program

### 3 ways to enroll

1. Online at [SPRAVATOWithMePatientAuth.com](https://SPRAVATOWithMePatientAuth.com)

2. Call 844-4S-WITHME (844-479-8486)

Monday–Friday, 8:00 AM–8:00 PM ET, select option 2

3. Scan the QR code



Data rates may apply.

## 2 How to use your Savings Program benefits

How your card can be used depends on the insurance you use to pay for your medication:



If you use your **medical/primary insurance** to pay for your medication through your doctor, treatment provider, or pharmacy:

- You may use your card to receive a rebate for reimbursement, **OR**
- You may assign your savings card benefits directly to your treatment provider. Please discuss this option with your provider

### How it works:

- Your provider or pharmacy may or may not collect your co-pay, based on your insurance coverage
- You receive your treatment with SPRAVATO<sup>®</sup> Nasal Spray CII
  - Your provider or pharmacy submits your primary insurance claim to your insurance provider
- You and your provider receive an Explanation of Benefits (EOB) statement from your insurance
  - You are responsible for submitting the EOB to SPRAVATO withMe Savings Program, or you can request your provider to submit the EOB on your behalf (see *How to submit a rebate request* below)
- SPRAVATO withMe Savings Program reviews your EOB, and issues a rebate to you by check, or to your provider if you have assigned your benefits to your provider



If you use your **pharmacy/prescription insurance** to pay for your medication from a pharmacy:

- You may use your card (provide your Member ID #, Rx BIN #, and Group #) to receive instant savings off the cost of your medication
- The pharmacy will collect your co-pay or co-insurance amount

**Remember to bring your card to your treatment appointment. If for any reason your provider or pharmacy cannot process your card, please call us at 844-4S-WITHME (844-479-4846). You may be able to submit a [Rebate Request Form](#) to receive a check. Proof of medication payment required.**

## How to submit a rebate request

You will need to complete, sign, and submit a [Rebate Request Form](#), including a copy of your EOB from your primary insurance provider (as well as any secondary insurance provider, if applicable) and a receipt from your treatment provider indicating proof of payment of your out-of-pocket SPRAVATO<sup>®</sup> medication costs. Rebate requests must be submitted within 270 days of the date of service.

**You may submit rebate requests to the Savings Program via fax or mail.**



**FAX:** 844-577-7282



**MAIL:** SPRAVATO withMe Savings Program  
2250 Perimeter Park Drive, Suite 300  
Morrisville, NC 27560

**At your request, your provider may submit rebate requests to the Savings Program on your behalf if you have a Patient Assignment of Benefits (AOB) consent on file.** You can assign your benefits to your provider by signing the AOB section on the Program Enrollment Form. Confirm with your provider who will submit rebate requests to the program—you or your provider at your request.

Please see additional Important Safety Information on pages 5 and 6 and full [Prescribing Information](#), including Boxed WARNINGS, and [Medication Guide](#) for SPRAVATO<sup>®</sup> and discuss any questions you may have with your healthcare provider.

## Savings Program Requirements

### Am I eligible?

**You may be eligible for the SPRAVATO withMe Savings Program if you:**

- Are age 18 or older, use commercial or private health insurance for your prescribed SPRAVATO®, and must pay an out-of-pocket cost for your medication.
- Are enrolled in the SPRAVATO® Risk Evaluation and Mitigation Strategy (REMS). Learn more at [SpravatoREMS.com/Patients.html](https://SpravatoREMS.com/Patients.html).

Participate without sharing your income information. SPRAVATO withMe Savings Program is based on medication costs only and does not include the cost of treatment observation. Some health plans have programs or benefit designs known as “accumulators” or “maximizers.” These programs divert patient assistance funds away from patients.

- Accumulators don’t allow patient assistance to count toward the patient’s deductible and out-of-pocket maximum until the maximum value of the patient assistance is reached.
- Maximizers also don’t allow patient assistance to count toward the patient’s deductible and out-of-pocket maximum. Maximizers apply the full value of the patient assistance over the year. This could be either the same amount each month or a larger amount early in the year that tapers off, without allowing any of those funds to count toward the patient’s annual deductible or out-of-pocket maximum.
- The SPRAVATO withMe Savings Program is designed solely for the benefit of the patient. Thus, Johnson & Johnson reserves the right to reduce the SPRAVATO withMe Savings Program maximum benefit for patients in an accumulator or maximizer program or benefit design, except where prohibited by law.

In addition, some health plans have “non-essential health benefit maximizers” that conflict with the program requirements of the SPRAVATO withMe Savings Program.

- These programs or benefit designs, like the services offered by SaveOnSP, classify certain specialty medicines such as SPRAVATO® as “non-essential.” This takes away protections for patients provided by the Affordable Care Act (ACA) related to maximum out-of-pocket limits.
- The SPRAVATO withMe Savings Program is designed solely for the benefit of the patient. If your insurance company or health plan partners with SaveOnSP, then except where prohibited by law, you will not be eligible for, and you agree not to use, the SPRAVATO withMe Savings Program.
- Please let SPRAVATO withMe know if your insurance company or health plan has one of these programs or benefit designs, including SaveOnSP, by calling 844-4S-WITHME (844-479-4846) to discuss your options. Since you may not know you are subject to one of these programs or benefit designs when you enroll in SPRAVATO withMe, Johnson & Johnson will monitor your utilization.
- Johnson & Johnson reserves the right to discontinue cost support if you no longer meet eligibility requirements.
- If your health plan removes SPRAVATO® from its partnership with SaveOnSP or other non-essential health benefit maximizer, you may be eligible to be reinstated in the SPRAVATO withMe Savings Program.

By utilizing this Savings Program, you accept and agree to abide by these program requirements. Any individual or entity who enrolls or assists in the enrollment of a patient in the Savings Program represents that the patient meets the eligibility criteria and other requirements described.

**Get started now**



**Need help?**

Visit [Spravato.com](https://Spravato.com)

Call 844-4S-WITHME (844-479-4846)

Monday–Friday, 8:00 AM–8:00 PM ET

## Savings Program Requirements (CONTINUED)

### Am I eligible?

- **This program is only for people age 18 or older using commercial or private health insurance who must pay an out-of-pocket cost for their prescribed SPRAVATO® medicine. This includes plans from the Health Insurance Marketplace.** This program is not for people who use any state or federal government-funded healthcare program. Examples of these programs are Medicare, Medicaid, TRICARE, Department of Defense, and Veterans Administration.
  - By enrolling in this program, you agree that this program is intended solely for the benefit of you, the patient. You may not seek payment for the value received from this program from any health plan, patient assistance foundation, flexible spending account, or healthcare savings account.
  - You must meet the program requirements every time you use the Savings Program.
  - Program terms will expire at the end of each calendar year. The program may change or end without notice, including in specific states.
  - Program participants are subject to an annual maximum benefit. Program benefits are set at the discretion of J&J and may change without notice.
  - Patients who are subject to programs, health plans, or benefits that claim to **reduce** their patients' out-of-pocket co-pay, co-insurance, or deductible obligations for certain prescription drugs based upon the availability of, or patient's enrollment in, manufacturer-sponsored co-pay assistance for such drugs will be subject to a reduced annual maximum program benefit per calendar year (not applicable to patients in Maine).
  - Patients who are subject to programs, health plans, or benefits that claim to **eliminate** their out-of-pocket costs are not eligible for the SPRAVATO withMe Savings Program, because this program is only for people who must pay an out-of-pocket cost for SPRAVATO®.
  - Notwithstanding any other term of this program, patients who are members of health plans that partner with SaveOnSP, or who are subject to services administered by SaveOnSP, are not eligible for the SPRAVATO withMe Savings Program. If your health plan removes SPRAVATO® from its partnership with SaveOnSP, you may be eligible for the SPRAVATO withMe Savings Program.
  - To use this program, you must follow any health plan requirements, including telling your health plan how much co-payment support you get from this program, if required. By using the Savings Program, you confirm that you have read, understood, and agree to the program requirements on this page, and you are giving permission for information related to your Savings Program transactions to be shared with your healthcare provider(s). These transactions include rebates and any funds placed on the card or balance remaining on the card.
  - Before you enroll in the program, you will be asked to provide personal information that may include your name, address, phone number, email address, and information related to your prescription medicine insurance and treatment. This information is needed for Johnson & Johnson Health Care Systems Inc., the maker of SPRAVATO®, and our service providers to enroll you in the SPRAVATO withMe Savings Program. The use of your information will be governed by our [Privacy Policy](#).
  - If you use medical/primary insurance to pay for your medicine, you need to submit a rebate request with an Explanation of Benefits (EOB) to get payment from the Savings Program. With your permission, your provider may submit the rebate request and EOB for you. Please make sure you and your provider know who will submit the rebate request. Rebate requests must be submitted within 270 days of the date of service.
  - This program offer may not be used with any other coupon, discount, prescription savings card, free trial, or other offer. Offer good only in the United States and its territories. Void where prohibited, taxed, or limited by law.
- You may end your participation in SPRAVATO withMe at any time by calling 844-4S-WITHME (844-479-4846).

## IMPORTANT SAFETY INFORMATION (CONTINUED)

- **SPRAVATO® Risk Evaluation and Mitigation Strategy (REMS).** Because of the risks for sedation, dissociation, respiratory depression, and abuse and misuse, SPRAVATO® is only available through a restricted program called the SPRAVATO® Risk Evaluation and Mitigation Strategy (REMS) Program. SPRAVATO® can only be administered at healthcare settings certified in the SPRAVATO® REMS Program. Patients treated in outpatient healthcare settings (such as medical offices and clinics) must be enrolled in the program.
- **Increased risk of suicidal thoughts and actions.** Antidepressant medicines may increase suicidal thoughts and actions in some people 24 years of age and younger, **especially within the first few months of treatment or when the dose is changed. SPRAVATO® is not for use in children.**
  - Depression and other serious mental illnesses are the most important causes of suicidal thoughts and actions. Some people may have a higher risk of having suicidal thoughts or actions. These include people who have (or have a family history of) depression or a history of suicidal thoughts or actions.
- **How can I watch for and try to prevent suicidal thoughts and actions in myself or a family member?**
  - Pay close attention to any changes, especially sudden changes, in mood, behavior, thoughts, or feelings, or if you develop suicidal thoughts or actions.
  - Tell your healthcare provider right away if you have any new or sudden changes in mood, behavior, thoughts, or feelings, or if you develop suicidal thoughts or actions.
  - Keep all follow-up visits with your healthcare provider as scheduled. Call your healthcare provider between visits as needed, especially if you have concerns about symptoms.
- **Tell your healthcare provider or get emergency help right away if you or your family member have any of the following symptoms, especially if they are new, worse, or worry you:**

<ul style="list-style-type: none"> <li>◦ thoughts about suicide or dying</li> <li>◦ new or worse depression</li> <li>◦ feeling very agitated or restless</li> <li>◦ trouble sleeping (insomnia)</li> <li>◦ acting aggressive, being angry or violent</li> <li>◦ an extreme increase in activity and talking (mania)</li> </ul>	<ul style="list-style-type: none"> <li>◦ suicide attempts</li> <li>◦ new or worse anxiety</li> <li>◦ panic attacks</li> <li>◦ new or worse irritability</li> <li>◦ acting on dangerous impulses</li> <li>◦ other unusual changes in behavior or mood</li> </ul>
--	---

### Do not take SPRAVATO® if you:

- have blood vessel (aneurysmal vascular) disease (including in the brain, chest, abdominal aorta, arms and legs)
- have an abnormal connection between your veins and arteries (arteriovenous malformation)
- have a history of bleeding in the brain
- are allergic to esketamine, ketamine, or any of the other ingredients in SPRAVATO®.

If you are not sure if you have any of the above conditions, talk to your healthcare provider before taking SPRAVATO®.

### Before you take SPRAVATO®, tell your healthcare provider about all of your medical conditions, including if you:

- have heart or brain problems, including:
  - high blood pressure (hypertension)
  - slow or fast heartbeats that cause shortness of breath, chest pain, lightheadedness, or fainting
  - history of heart attack
  - history of stroke
  - heart valve disease or heart failure
  - history of brain injury or any condition where there is increased pressure in the brain
- have liver problems
- have ever had a condition called “psychosis” (see, feel, or hear things that are not there, or believe in things that are not true).
- are pregnant or plan to become pregnant. SPRAVATO® may harm your unborn baby. You should not take SPRAVATO® if you are pregnant.
  - Tell your healthcare provider right away if you become pregnant during treatment with SPRAVATO®.
  - If you are able to become pregnant, talk to your healthcare provider about methods to prevent pregnancy during treatment with SPRAVATO®.
  - There is a pregnancy registry for women who are exposed to SPRAVATO® during pregnancy. The purpose of the registry is to collect information about the health of women exposed to SPRAVATO® and their baby. If you become

Please see Important Safety Information on next page and full **Prescribing Information**, including Boxed WARNINGS, and **Medication Guide** for SPRAVATO® and discuss any questions you may have with your healthcare provider.

## IMPORTANT SAFETY INFORMATION (CONTINUED)

pregnant during treatment with SPRAVATO®, talk to your healthcare provider about registering with the National Pregnancy Registry for Antidepressants at 1-844-405-6185 or online at <https://womensmentalhealth.org/clinical-and-research-programs/pregnancyregistry/antidepressants/>.

- are breastfeeding or plan to breastfeed. SPRAVATO® passes into your breast milk. You should not breastfeed during treatment with SPRAVATO®.

**Tell your healthcare provider about all the medicines that you take**, including prescription and over-the-counter medicines, vitamins and herbal supplements. Taking SPRAVATO® with certain medicine may cause side effects.

**Especially tell your healthcare provider if you take** central nervous system (CNS) depressants, psychostimulants, or monoamine oxidase inhibitors (MAOIs) medicine. Keep a list of them to show to your healthcare provider and pharmacist when you get a new medicine.

### How will I take SPRAVATO®?

- You will take SPRAVATO® nasal spray yourself, under the supervision of a healthcare provider in a healthcare setting. Your healthcare provider will show you how to use the SPRAVATO® nasal spray device.
- Your healthcare provider will tell you how much SPRAVATO® you will take and when you will take it.
- Follow your SPRAVATO® treatment schedule exactly as your healthcare provider tells you to.
- During and after each use of the SPRAVATO® nasal spray device, you will be checked by a healthcare provider who will decide when you are ready to leave the healthcare setting.
- You will need to plan for a caregiver or family member to drive you home after taking SPRAVATO®.
- If you miss a SPRAVATO® treatment, your healthcare provider may change your dose and treatment schedule.
- Some people taking SPRAVATO® get nausea and vomiting. You should not eat for at least 2 hours before taking SPRAVATO® and not drink liquids at least 30 minutes before taking SPRAVATO®.
- If you take a nasal corticosteroid or nasal decongestant medicine take these medicines at least 1 hour before taking SPRAVATO®.

### What should I avoid while taking SPRAVATO®?

Do not drive, operate machinery, or do anything where you need to be completely alert after taking SPRAVATO®. Do not take part in these activities until the next day following a restful sleep. See **“What is the most important information I should know about SPRAVATO®?”**

### What are the possible side effects of SPRAVATO®?

#### SPRAVATO® may cause serious side effects including:

See **“What is the most important information I should know about SPRAVATO®?”**

**Increased blood pressure.** SPRAVATO® can cause a temporary increase in your blood pressure that may last for about 4 hours after taking a dose. Your healthcare provider will check your blood pressure before taking SPRAVATO® and for at least 2 hours after you take SPRAVATO®. Tell your healthcare provider right away if you get chest pain, shortness of breath, sudden severe headache, change in vision, or seizures after taking SPRAVATO®.

**Problems with thinking clearly.** Tell your healthcare provider if you have problems thinking or remembering.

**Bladder problems.** Tell your healthcare provider if you develop trouble urinating, such as a frequent or urgent need to urinate, pain when urinating, or urinating frequently at night.

#### The most common side effects of SPRAVATO® include:

- |   |                                 |
|---|---------------------------------|
| • feeling disconnected from yourself, your thoughts, feelings and things around you | • feeling anxious               |
| • dizziness   | • lack of energy                |
| • nausea  | • increased blood pressure      |
| • feeling sleepy  | • vomiting                      |
| • spinning sensation  | • feeling drunk                 |
| • decreased feeling of sensitivity (numbness)                                       | • headache                      |
|   | • feeling very happy or excited |

**If these common side effects occur, they usually happen right after taking SPRAVATO® and go away the same day.**

These are not all the possible side effects of SPRAVATO®.

Call your doctor for medical advice about side effects. You may report side effects to Johnson & Johnson at 1-800-526-7736, or to the FDA at 1-800-FDA-1088.

Please see full **Prescribing Information**, including **Boxed WARNINGS**, and **Medication Guide** for SPRAVATO® and discuss any questions you may have with your healthcare provider.